

< bodysense



PowerVib



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Since the company was founded back in the year 2000, the name CASADA has become synonymous with high-quality products in the wellness and fitness sector.

Today, CASADA devices are available worldwide. Continuous development, unmistakable design and a strict focus on improving quality of life are just as much characteristic of CASADA products as reliable and top-class quality.

Congratulations!

With the purchase of the PowerVib from Casada you have acquired a high-quality and individual training device.

In order for you to enjoy your training device for a long time, we hereby give you some advice for the operation and technical use. Thank you for your trust in CASADA.

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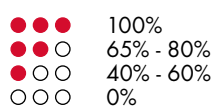
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Foreword

Training with dumbbells is a big topic. Building muscles, increasing well-being, developing a healthy body feeling, promoting health, increasing fitness or making a slimmer and well-shaped figure - sports goals in dumbbell training are as varied as the different types. Perhaps not yet so well known are the so-called vibration dumbbells. Vibrations are the secret weapon that make training with these dumbbells successful.

Functionality

- 1. To turn on the vibration dumbbell, press the  button on the control panel, the battery level will be displayed:

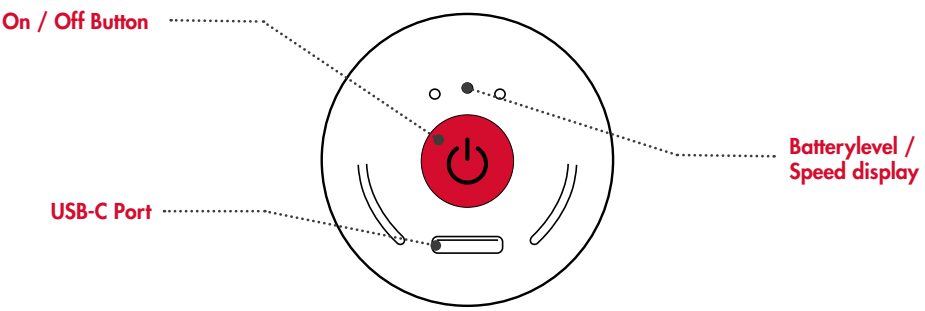


- 2. Press the button a second time to select one of the three vibration modes. The default setting is the lowest intensity level.
- 3. After that, successively press the  button to select one of the 3 levels of vibration intensity.

1st Level	1100 ± 300 rpm (18 Hz)
2nd Level	1500 ± 300 rpm (25 Hz)
3rd Level	2000 ± 300 rpm (33 Hz)

The higher the vibration intensity level, the greater the pressure on the muscles.

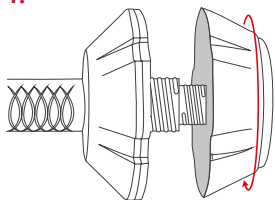
- 4. To turn off the device, press and hold the  button for 3 seconds.
- 5. After 10 minutes, the vibration dumbbell will turn off automatically.



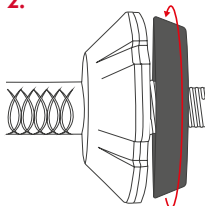
Assembly of the weights

To intensify the load capacity and training, you can adjust the weight of the dumbbell from 2 to 3 kg as follows:

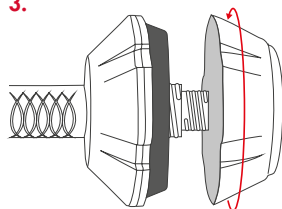
1.



2.



3.



1. Unscrew the sealing cap of the lateral weight.
2. Turn the 500g weight tightly over the thread.
3. Then screw the cap back onto the device.
4. Repeat the steps for the other side.

Technical Data

Article-No.:	CS-450
Measurements:	28 x 11 x 11 cm
Weight:	2 - 3 kg
Intensity:	1. Level 1100rpm (18 Hz), 2. Level 1500rpm (25 Hz), 3. Level 2000rpm (33 Hz)
Timer:	10 minutes
Rated Voltage:	DC 5V, 2A, Typ C
Battery:	Li-ion battery 7,4 V/ 1800 mAh
Run time:	max. 2 hours
Charging time:	3 hours
Material:	ABS, Silikon

Certificates:



EU-Declaration of conformity

Complies with European Regulatory Standards EMC 2014/30/EU, LVD 2014/35/EU and RoHS regulations.

Warranty conditions

The dealer grants a legally prescribed warranty period on the product described overleaf. The warranty is valid from the date of purchase. The date of purchase must be proven with the Purchase receipt.

The dealer will repair or replace free of charge the products recorded within Germany, where defects have been detected. This does not apply to wearing parts. The prerequisite for this is the return of the defective device with proof of purchase before the end of the warranty period.

The warranty claim does not apply if, after a defect has been detected, it has occurred, for example, due to external influences or as a result of repairs or modifications that were not carried out by the manufacturer or an authorized dealer.

The warranty from the dealer is limited to repair or replacement of the product. Within the scope of this warranty, the manufacturer or seller assumes no further liability and is not responsible for damage caused by disregarding the operating instructions and / or misuse of the product.

If, upon inspection of the product by the manufacturer, it turns out that the warranty claim concerns a defect not covered by the warranty or that the warranty period has expired, the costs of inspection and repair shall be borne by the customer.

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Notes



